

# Joint & Soft Tissue Injections

For Primary Care **6th March 2024**

Village Hotel Swindon

Shaw Ridge Leisure Park, Whitehill Way, Swindon SN5 7DW

## ONLINE MODULES

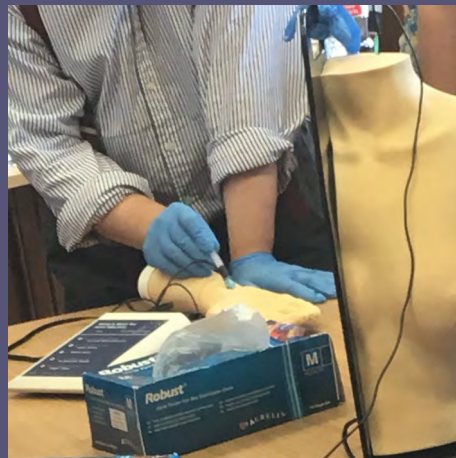
half-day

Basics

Examination  
Techniques

Options for  
Treatment

Adjunctive  
Treatments



Course fee: £250  
(£225 for SET members)

For an application form or further  
Information, Contact

**Dr Soon Lim FRCGP**

Education Lead & President,  
ASPC

[s.lim@nhs.net](mailto:s.lim@nhs.net)



## PRACTICAL SESSION

9.30 - 12.30 or

1.30 - 4.30

SHOULDERS

ELBOWS

HANDS &  
WRISTS

KNEES



# Joint Injection Course

Practical Skills Module  
(3 Hours)

Online  
Knowledge  
Module



Diagnostic Tests for  
tennis and golfers elbow  
Eccentric exercises  
Injection techniques

Mechanism of action of  
corticosteroids



Oxford Hospitals  
Shoulder Pathway for  
ACJ, GHJ and rotator cuff  
tendinopathy  
Examination & Injection  
techniques

Pharmaceutical  
Agents



Trigger finger, De  
Quervain's, Carpal  
Tunnel  
Examination and  
Injection techniques

Patient  
selection

Knee

OA Knee  
Lateral and anterior  
approaches to injection.

Consent